

Ozarks Self Reliant Living University

Annual Preparedness Seminars January 23, 24 - 9 am to 5 pm

Free Admission, Lunch Provided for Small Donation

**Saturday Jan. 23 Faith in God Church Highway 63 between
Koshkonong and Brandsville**

**Sunday Next Step 7th Day Adventist Church, West Plains north end of
town Highway 63**

Saturday Schedule

- 9 am Surviving Disaster with Nothing, Dave Lohr, Kosh Trading Post, Mountain Man, Recognized Atlatl Champion
- 10 am Self Defense, Tim Starks, Corporate Security Professional
- 11 am Tiny House Homesteading, Patricia Uvenges, Homesteader and military veteran
- 12 noon Lunch Provided, \$4 donation suggested (both meat and vegetarian dishes)
- 1 pm HAM Radio Communications, John Price, West Plains HAM Radio Club
- 2 pm Stocking Your Medical Bag, Mary Price, Registered Nurse, 25 years experience and military veteran
- 3 pm Energy Self Reliance, Tim Starks, Host of The Stark Hour radio program
- 4 pm GMO's and Heirloom Seeds, Mike Knocks, White Harvest Seeds

Sunday Schedule

- 9 am Staying Healthy with the Right Foods, Robin Gilbert
- 10 am GMO's and Heirloom Seeds, Mike Knocks, White Harvest Seeds
- 11 am Seed Saving, Jill Henderson, Director of the Share the Seed Project
- 12 noon Lunch Provided, \$4 donation suggested (both meat and vegetarian dishes)
- 1 pm Medicinal Uses of Hemp, Doreen Hanes, Truthfarmer.com
- 2 pm Self Defense and Firearms, Jeremy Youngs
- 3 pm Craig Wiles Preparedness 101 Social, Financial, Working Together as a Community
- 4 pm Candy Rick, Cherokee Traditions and Self Reliance

For Information

Call 417 264 2435