

# WATER IN AN EMERGENCY

## "Be Prepared" Checklist

This checklist is provided by [www.SurvivalStill.com](http://www.SurvivalStill.com) for free.

Check it off!  
Be Prepared!



- 1  **KNOWLEDGE.** The single most important tool in an emergency situation is knowledge. In an emergency, you could be dehydrated, panicked, and injured, all of which can affect your mental capacity, so you must have something written down that you can reference. At the very least, have the Red Cross recommendations, which are included in a booklet that you can download for free from [www.WaterInAnEmergency.com](http://www.WaterInAnEmergency.com). Also, visit [www.SurvivalStill.com](http://www.SurvivalStill.com) for other educational materials.
- 2  **BOTTLED WATER.** The Red Cross recommends that you have at least a three-day supply of bottled water, but if possible, have a two-week supply. You should have at least two quarts (half gallon) per person per day for drinking and another two quarts for hygiene and sanitation. This should be commercially produced bottled water, preferably a well-known brand name. Keep the bottles sealed and stored in a dark, cool area. Rotate the bottles out at least every twelve months.
- 3  **STOVE & FUEL.** A non-electric stove is an important part of being prepared, because it can be used to boil or distill water. Preferably you should have a stove that can use different types of fuel, including a simple wood fire.
- 4  **A NON-ELECTRIC WATER DISTILLER.** The core component of being prepared for an emergency is to have a professionally designed non-electric water distiller (see [www.SurvivalStill.com](http://www.SurvivalStill.com)). The Red Cross brochure (see point 1) has a simple diagram for creating your own, very simple distiller.
- 5  **BLEACH.** You can chemically disinfect water with bleach. Have at least one bottle of unopened bleach that can be used to disinfect water supplies. Do not use scented bleach, colorsafe bleach or bleach with added chemicals.
- 6  **AN EMERGENCY FILTER.** Filters are not recommended by the Red Cross for treating water in an emergency, but they can be used to pretreat water before you boil, bleach or distill the water.
- 7  **PREPARE YOUR LOVED ONES & NEIGHBORS.** You know how important it is that your friends and loved be prepared. If you can't convince them to be prepared, give them a gift of the essential items that they need, especially educational materials. It's also important to talk to your neighbors, because your family will be safer if they are surrounded by strong, healthy people. At the very least, give them this checklist (print it out or email it to them).